



## AnNaas

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## النَّاس

In the name of Allah,  
Most Gracious, Most  
Merciful.

Allah k naam se jo  
Mehtarbaan nehayet  
Rahem wala hai.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

1. Say: "I seek refuge  
with the Lord of  
mankind."

1. Kaho, mae panaah  
maangta hun ensaanou  
k Rabb ke.

قُلْ أَعُوذُ بِرَبِّ النَّاسِ

2. "The King of  
mankind."

2. Wo Baadsha hai  
ensaanou ka.

مَلِكِ النَّاسِ

3. "The God of  
mankind."

3. Wo Maabud hai  
ensaanou ka.

إِلَهِ النَّاسِ

4. "From the evil of  
the whisperer (in the  
heart or mind) who  
returns over and over  
again."

4. Sherr se weswaase  
daalne walay k (dil ya  
demaagh mein) jo baar  
baar palat kar aata  
hai.

مِن شَرِّ الْوَسْوَاسِ الْخَنَّاسِ

5. "Who whispers  
into the hearts of  
mankind."

5. Jo weswaasa daalta  
hai ensanou k delaoun  
mein.

الَّذِي يُوسِّسُ فِي صُدُورِ النَّاسِ

6. "From among the  
jinn and mankind."

6. Wo jinnaat mein se  
ho aur ensaanou mein  
se.

مِنَ الْجِنَّةِ وَالنَّاسِ

