بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

Consolation (or Relief)

In the name of God, Most Gracious, Most Merciful

Ruku 1 **Aya 1-8**	**Did We not relieve your breast for you, and remove your burden from you that pressed down upon your back? We have even raised up renown of you!**
	Yet hardship will bring ease. Indeed, hardship must bring ease! So whenever you have finished, still toil on! Towards your Lord direct your longing!